



Okinawa Karatedo / Kobudo
Seijitsu Shin Do Kan Kyokai
Presents:

2ND ANNUAL "OUTSIDE THE BOX" SEMINAR



The Seijitsu Shin Do Kan will be hosting a 4 session seminar with the senior ranking members of the Seijitsu Shin Do Kan teaching.

COST:

You may participate in 1 or all
4 sessions
\$50 per person

DATE:

Saturday May 3, 2024

START TIME: 9am

LOCATION:

Okinawa Karate Of Twinsburg
1929 East Aurora Road
Twinsburg, Ohio 44087
330.888.8262 / fisherkarate.com



Brandon L. Fisher
Hanshi / 9th Dan



Stephanie Fisher
Renshi / 6th Dan



Eric Rugh
Renshi / 6th Dan



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The Okinawa Karatedo Seijitsu Shin Do Kan Kyokai will be hosting a 4 session seminar. This full day of training is to help you as a karate / kobudo practitioner to help add a little bit of kobudo to your training, to help you understand your basic techniques at a deeper level and to educate you on the legalities of self defense. We hope that this seminar will help you look outside of your comfort zone and expand your knowledge. This is why we call it the “Outside The Box” Seminar.

Session 1: Nunchaku Kata “Nagamine No Nunchaku Sho” 9AM – 10:30AM – Hanshi Brandon Fisher

We will work the kihon (basics) of the Nunchaku prior to beginning the kata and cover the basics of the kata. This is a fairly rare kata that we think everyone will enjoy. We do have a few sets of Nunchaku that you can borrow but you should bring your own.

Session 2: Goshin Jutsu Waza 10:30AM – 12PM – Renshi Eric Rugh

Close Quarter fighting techniques with Renshi Rugh. Eric Sensei strongly emphasizes close quarter techniques for self defense and he will be sharing with everyone his personal concepts.

LUNCH TIME 12pm – 1pm

Session 3: Naihanchi Nidan 1pm – 3pm with Hanshi Brandon & Renshi Stephanie Fisher

The older of the 2nd Naihanchi kata in the Kobayashi lineage is traditionally an intermediate level kata. This kata is a powerful but fluid kata and we think everyone will enjoy. We will teach the kata and bunkai.

Session 4: Tuite, Kansetsu Waza, Atemi Waza & Kyusho 3pm – 5pm with Hanshi Brandon Fisher

The old style concepts of Okinawan karate are not commonly taught anymore and we have tried to preserve them for others. The tuite (grasping or trapping techniques), kansetsu waza (joint locking techniques), atemi waza (striking techniques) and kyusho (pressure point nerve striking techniques) are found in ALL karate kata and this session will help you understand the concepts better to help you find them in your kata.

Brief Instructor Bios



Hanshi Brandon L. Fisher

2025 marks Fisher Sensei's 41st year training in the martial arts. Though quite humble about his achievements he has recently been promoted to 9th Dan / Hanshi (Shorinryu Karatedo) and 8th Dan / Hanshi (Kobudo) by Hanshi Sid Rayford, 10th Dan president of the American Teachers Association Of Martial Arts and Vice President of the World Okinawan Shorin Ryu Karatedo / Kobudo Association.

Brandon has been teaching martial arts since the early 90's with more than 20 hours of classes a week and full time since 2006. He is a proud member of the Dai Nippon Butokukai (Japan), International Okinawa Shorinryu Karatedo Union (Okinawa), American Teachers Association Of Martial Arts, and World Okinawan Shorinryu Karatedo / Kobudo Association. He and his wife founded the Okinawa Karatedo / Kobudo Seijitsu Shin Do Kan Kyokai together in February 2006.



Renshi Stephanie A. Fisher

Stephanie Sensei is a career educator who has been training in the martial arts for the past 23 years. Even with her busy schedule she helps teach multiple martial arts classes per week and in 2024 was awarded her 6th Dan in Shorinryu Karatedo. A very humble and unassuming martial artist who is very knowledgeable not only on the technical side but on how students can learn and retain information better.



Renshi Eric Rugh

One of the nicest guys you'd ever have the privilege of knowing. Eric Sensei has been training in the martial arts since age 10 in 1991 (34 Years) this year. Eric has trained in multiple styles of martial arts including both traditional (Karate & Kobudo), eclectic systems that were blended styles and Brazilian Jiu Jitsu. Eric Sensei has achieved 6th Dan / Renshi from the Seijitsu Shin Do Kan Kyokai and continues to grow his own education while teaching his classes at his dojo (412 Martial Arts) in Pittsburgh. Eric Sensei is married with 2 kids and quite the family man.

REGISTRATION INFORMATION

Register & Pay On Our Website @: fisherkarate.com/otb-reg.html

We apologize but due to space we will not be accepting registrations at the door.

All styles and ranks welcome! We encourage everyone to be open to new ideas, concepts, techniques and kata. Some will be easier than others but we are all learning and growing together.