



Tuite / Kansetsu Waza & Nage Waza

(Trapping / Seizing, Joint Locking & Throwing Techniques)

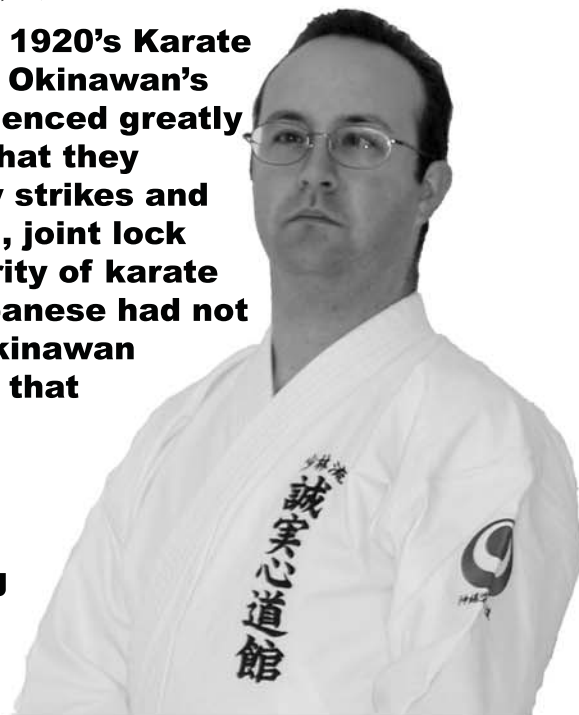
of Traditional Karatedo **SEMINAR**

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ー

Prior to Karate going to mainland Japan in the 1920's Karate or Tode as it had been known was used by the Okinawan's as their empty hand self-defense method. Influenced greatly by the Chinese arts the Okinawan's created what they simply called "Di" or "Te". Te included not only strikes and blocking techniques but also trapping / seizing, joint lock and throwing techniques. Because the popularity of karate grew from the Japanese mainland and the Japanese had not been taught all the secrets of karate by the Okinawan masters it was not exposed and some thought that these techniques did not exist in karate.

This seminar will expose some of the these techniques. Sensei Fisher will show the most efficient and effective methods of making these techniques work and explain the mechanics of the techniques.

Participants will be shown trapping and seizing techniques, joint locking techniques to the wrist, elbow and shoulder joints, and throwing techniques that include, Osoto gari, Osoto Otoshi, O Goshi, Tai Otoshi, & Seoi Nage among others



Seminar Information:

Taught By: Brandon L. Fisher
Okinawa Shorinryu Karatedo (Kyoshi / 7th Dan)

Where: Family Karate(Ohana Dojo)
8901 Mentor Ave # E
Mentor, OH 44060
(440) 255-7300

When: Saturday April 28, 2012
12:30pm - 4:30pm (will take short breaks)

Cost: \$35.00 per peron

